

## **Citing NICE mental health guidelines developed by the NCCMH**

When citing National Institute for Health and Clinical Excellence (NICE) mental health guidelines developed by the National Collaborating Centre for Mental Health (NCCMH), it should be borne in mind that there are different products associated with a particular mental health topic depending on when the guideline was developed.

NICE publishes the recommendations as a 'NICE guideline' (only available online from [www.nice.org.uk](http://www.nice.org.uk)) and a version for service users and carers called 'Understanding NICE guidance', which is published as a booklet. Prior to 2011, NICE published a user-friendly version of the recommendations called a 'Quick reference guide' for each NICE guideline, but this has been superseded by a 'NICE pathway', which is available from the NICE website ([www.nice.org.uk](http://www.nice.org.uk)). These products should be cited as 'NICE' followed by year of release.

The NCCMH publishes the 'full guideline', which contains all the evidence and the methodology used to develop the recommendations, as a separate book and accompanying CD-ROM, produced by the British Psychological Society and the Royal College of Psychiatrists. This product should be cited as 'NCCMH' followed by year of release. ('NCCMH' functions as an institutional collective author; there is a full list of members of the guideline development group, who acted as individual authors, in the front of each guideline.)

If you are citing the evidence from the full guideline or the methodology used for developing mental health recommendations, cite the NCCMH full guideline followed by year of release. If you are referring to the recommendations only, cite the NICE guideline followed by year of release.

Guidelines produced by the NCCMH are listed below in order of publication, starting with the most recent first.

*NCCMH, November 2011*

### **Common mental health disorders**

NCCMH (2011) *Common Mental Health Disorders: Identification and Pathways to Care*. Leicester and London: The British Psychological Society and the Royal College of Psychiatrists. [Full guideline]

NICE (2011) *Common Mental Health Disorders: Identification and Pathways to Care*. NICE clinical guideline 123. Available at [www.nice.org.uk/CG123](http://www.nice.org.uk/CG123) [NICE guideline]

NICE (2011) *Common Mental Health Disorders: Identification and Pathways to Care*. Quick Reference Guide. London: NICE.

NICE (2011) *Getting Help and Support for Common Mental Health Problems*. Understanding NICE guidance. London: NICE.

### **Psychosis with coexisting substance misuse**

NCCMH (2011) *Psychosis with Coexisting Substance Misuse: Assessment and Management in Adults and Young People*. Leicester and London: The British Psychological Society and the Royal College of Psychiatrists. [Full guideline]

NICE (2011) *Psychosis with Coexisting Substance Misuse: Assessment and Management in Adults and Young People*. NICE clinical guideline 120. Available at [www.nice.org.uk/CG120](http://www.nice.org.uk/CG120) [NICE guideline]

NICE (2011) *Psychosis with Coexisting Substance Misuse: Assessment and Management in Adults and Young People*. Quick Reference Guide. London: NICE.

NICE (2011) *Treatment and Support for People with Psychosis who use Drugs and/or Alcohol*. Understanding NICE guidance. London: NICE.

### **Alcohol-use disorders**

NCCMH (2011) *Alcohol-use Disorders: Diagnosis, Assessment and Management of Harmful Drinking and Alcohol Dependence*. Leicester and London: The British Psychological Society and the Royal College of Psychiatrists. [Full guideline]

NICE (2011) *Alcohol-use Disorders: Diagnosis, Assessment and Management of Harmful Drinking and Alcohol Dependence*. NICE clinical guideline 115. Available at [www.nice.org.uk/CG115](http://www.nice.org.uk/CG115) [NICE guideline]

NICE (2011) *Alcohol-use Disorders: Diagnosis, Assessment and Management of Harmful Drinking and Alcohol Dependence*. Quick Reference Guide. London: NICE.

NICE (2011) *Treating Harmful Drinking and Alcohol Dependence*. Understanding NICE guidance. London: NICE.

### **Generalised anxiety disorder**

NCCMH (2011) *Generalised Anxiety Disorder in Adults: Management in Primary, Secondary and Community Care*. Leicester and London: The British Psychological Society and the Royal College of Psychiatrists. [Full guideline]

NICE (2011) *Generalised Anxiety Disorder and Panic Disorder (With Or Without Agoraphobia) in Adults: Management in Primary, Secondary and Community Care*. NICE clinical guideline 113. Available at [www.nice.org.uk/CG113](http://www.nice.org.uk/CG113) [NICE guideline]

NICE (2011) *Generalised Anxiety Disorder and Panic Disorder (With Or Without Agoraphobia) in Adults: Management in Primary, Secondary and Community Care*. Quick Reference Guide. London: NICE.

NICE (2011) *Treating Generalised Anxiety Disorder and Panic Disorder in Adults*. Understanding NICE guidance. London: NICE.

### **Depression in adults with a chronic physical health problem**

NCCMH (2010) *Depression in Adults with a Chronic Physical Health Problem: Treatment and Management*. Leicester and London: The British Psychological Society and the Royal College of Psychiatrists. [Full guideline]

NICE (2009) *Depression in Adults with a Chronic Physical Health Problem: Treatment and Management*. NICE clinical guideline 91. Available at [www.nice.org.uk/CG91](http://www.nice.org.uk/CG91) [NICE guideline]

NICE (2009) *Depression in Adults with a Chronic Physical Health Problem: Treatment and Management*. Quick Reference Guide. London: NICE.

NICE (2009) *Treating Depression in Adults with a Long-term Physical Health Problem*. Understanding NICE guidance. London: NICE.

### **Depression (update)**

NCCMH (2010) *Depression: the Treatment and Management of Depression in Adults (Update)*. Updated edition. Leicester and London: The British Psychological Society and the Royal College of Psychiatrists. [Full guideline]

NICE (2009) *Depression: the Treatment and Management of Depression in Adults (Update)*. NICE clinical guideline 90. Available at [www.nice.org.uk/CG90](http://www.nice.org.uk/CG90) [NICE guideline]

NICE (2009) *Depression: the Treatment and Management of Depression in Adults (Update)*. Quick Reference Guide. London: NICE.

NICE (2009) *Treating Depression in Adults*. Understanding NICE guidance. London: NICE.

### **Schizophrenia (update)**

NCCMH (2010) *Schizophrenia: Core Interventions in the Treatment and Management of Schizophrenia in Adults in Primary and Secondary Care*. Updated edition. Leicester and London: The British Psychological Society and the Royal College of Psychiatrists. [Full guideline]

NICE (2009) *Schizophrenia: Core Interventions in the Treatment and Management of Schizophrenia in Adults in Primary and Secondary Care*. NICE clinical guideline 82. Available at [www.nice.org.uk/CG82](http://www.nice.org.uk/CG82) [NICE guideline]

NICE (2009) *Schizophrenia: Core Interventions in the Treatment and Management of Schizophrenia in Adults in Primary and Secondary Care*. Quick Reference Guide. London: NICE.

NICE (2009) *Schizophrenia*. Understanding NICE guidance. London: NICE.

### **Antisocial personality disorder**

NCCMH (2009) *Antisocial Personality Disorder: Treatment, Management and Prevention*. Leicester and London: The British Psychological Society and the Royal College of Psychiatrists. [Full guideline]

NICE (2009) *Antisocial Personality Disorder: Treatment, Management and Prevention*. NICE clinical guideline 77. NICE clinical guideline 77. Available at [www.nice.org.uk/CG77](http://www.nice.org.uk/CG77) [NICE guideline]

NICE (2009) *Antisocial Personality Disorder: Treatment, Management and Prevention*. Quick Reference Guide. London: NICE.

NICE (2009) *Antisocial Personality Disorder*. Understanding NICE guidance. London: NICE.

### **Borderline personality disorder**

NCCMH (2009) *Borderline Personality Disorder: Treatment and Management*. Leicester and London: The British Psychological Society and the Royal College of Psychiatrists. [Full guideline]

NICE (2009) *Borderline Personality Disorder: Treatment and Management*. NICE clinical guideline 78. Available at [www.nice.org.uk/CG78](http://www.nice.org.uk/CG78) [NICE guideline]

NICE (2009) *Borderline Personality Disorder: Treatment and Management*. Quick Reference Guide. London: NICE.

NICE (2009) *Borderline Personality Disorder*. Understanding NICE guidance. London: NICE.

### **Attention deficit hyperactivity disorder**

NCCMH (2009) *Attention Deficit Hyperactivity Disorder: Diagnosis and Management of ADHD in Children, Young People and Adults*. Leicester and London: The British Psychological Society and the Royal College of Psychiatrists. [Full guideline]

NICE (2008) *Attention Deficit Hyperactivity Disorder: Diagnosis and Management of ADHD in Children, Young People and Adults*. NICE clinical guideline 72. Available at [www.nice.org.uk/CG72](http://www.nice.org.uk/CG72) [NICE guideline]

NICE (2008) *Attention Deficit Hyperactivity Disorder: Diagnosis and Management of ADHD in Children, Young People and Adults*. Quick Reference Guide. London: NICE.

NICE (2008) *Attention Deficit Hyperactivity Disorder*. Understanding NICE guidance. London: NICE.

### **Drug misuse**

NCCMH (2008) *Drug Misuse: Psychosocial Interventions*. Leicester and London: The British Psychological Society and the Royal College of Psychiatrists. [Full guideline]

NCCMH (2008) *Drug Misuse: Opioid Detoxification*. Leicester and London: The British Psychological Society and the Royal College of Psychiatrists. [Full guideline]

NICE (2007) *Drug Misuse: Psychosocial Interventions*. NICE clinical guideline 51. Available at [www.nice.org.uk/CG51](http://www.nice.org.uk/CG51) [NICE guideline]

NICE (2007) *Drug Misuse: Opioid Detoxification*. NICE clinical guideline 52. Available at [www.nice.org.uk/CG52](http://www.nice.org.uk/CG52) [NICE guideline]

NICE (2007) *Drug Misuse: Psychosocial Interventions and Opioid Detoxification*. Quick Reference Guide. London: NICE

NICE (2007) *Treatments for Drug Misuse*. Understanding NICE guidance. London: NICE.

### **Antenatal and postnatal mental health**

NCCMH (2007) *Antenatal and Postnatal Mental Health: Clinical Management and Service Guidance*. Leicester and London: The British Psychological Society and the Royal College of Psychiatrists. [Full guideline]

NICE (2007) *Antenatal and Postnatal Mental Health: Clinical Management and Service Guidance*. NICE clinical guideline 45. Available at [www.nice.org.uk/CG45](http://www.nice.org.uk/CG45) [NICE guideline]

NICE (2007) *Antenatal and Postnatal Mental Health: Clinical Management and Service Guidance*. Quick Reference Guide. London: NICE.

NICE (2007) *Mental Health Problems During Pregnancy and After Giving Birth*. Understanding NICE guidance. London: NICE.

### **Dementia**

NCCMH (2007) *Dementia: Supporting People with Dementia and their Carers in Health and Social Care*. Leicester and London: The British Psychological Society and the Royal College of Psychiatrists. [Full guideline]

NICE and SCIE (2006) *Dementia: Supporting People with Dementia and their Carers in Health and Social Care*. NICE clinical guideline 42. Available at [www.nice.org.uk/CG42](http://www.nice.org.uk/CG42) [NICE guideline]

NICE and SCIE (2006) *Dementia: Supporting People with Dementia and their Carers in Health and Social Care*. Quick Reference Guide. London: NICE.

NICE and SCIE (2006) *Dementia: Supporting People with Dementia and their Carers*. Understanding NICE guidance. London: NICE.

### **Bipolar disorder**

NCCMH (2006) *Bipolar Disorder: the Management of Bipolar Disorder in Adults, Children and Adolescents, in Primary and Secondary Care*. Leicester and London: The British Psychological Society and the Royal College of Psychiatrists. [Full guideline]

NICE (2006) *Bipolar Disorder: the Management of Bipolar Disorder in Adults, Children and Adolescents, in Primary and Secondary Care*. NICE clinical guideline 38. Available at <http://guidance.nice.org.uk/CG38> [NICE guideline]

NICE (2006) *Bipolar Disorder: the Management of Bipolar Disorder in Adults, Children and Adolescents, in Primary and Secondary Care*. Quick Reference Guide. London: NICE.

NICE (2006) *Bipolar Disorder*. Understanding NICE guidance. London: NICE.

### **Obsessive-compulsive disorder**

NCCMH (2006) *Obsessive-compulsive Disorder: Core Interventions in the Treatment of Obsessive-compulsive Disorder and Body Dysmorphic Disorder*. Leicester and London: The British Psychological Society and the Royal College of Psychiatrists. [Full guideline]

NICE (2005) *Obsessive-compulsive Disorder: Core Interventions in the Treatment of Obsessive-compulsive Disorder and Body Dysmorphic Disorder*. NICE clinical guideline 31. Available at <http://guidance.nice.org.uk/CG31> [NICE guideline]

NICE (2005) *Obsessive-compulsive Disorder: Core Interventions in the Treatment of Obsessive-compulsive Disorder and Body Dysmorphic Disorder*. Quick Reference Guide. London: NICE.

NICE (2005) *Treating Obsessive-compulsive Disorder (OCD) and Body Dysmorphic Disorder (BDD) in adults, children and young people*. Understanding NICE guidance. London: NICE.

### **Depression in children and young people**

NCCMH (2005) *Depression in Children and Young People: Identification and Management in Primary, Community and Secondary Care*. Leicester and London: The British Psychological Society and the Royal College of Psychiatrists. [Full guideline]

NICE (2005) *Depression in Children and Young People: Identification and Management in Primary, Community and Secondary Care*. NICE clinical guideline 28. Available at <http://guidance.nice.org.uk/CG28> [NICE guideline]

NICE (2005) *Depression in Children and Young People: Identification and Management in Primary, Community and Secondary Care*. Quick Reference Guide. London: NICE.

NICE (2005) *The Treatment of Depression in Children and Young People*. Understanding NICE guidance. London: NICE

### **Post-traumatic stress disorder**

NCCMH (2005) *Post-traumatic Stress Disorder: the Management of PTSD in Adults and Children in Primary and Secondary Care*. Leicester and London: The British Psychological Society and the Royal College of Psychiatrists. [Full guideline]

NICE (2005) *Post-traumatic Stress Disorder (PTSD): the Management of PTSD in Adults and Children in Primary and Secondary Care*. NICE clinical guideline 26. Available at <http://guidance.nice.org.uk/CG26> [NICE guideline]

NICE (2005) *Post-traumatic Stress Disorder (PTSD): the Management of PTSD in Adults and Children in Primary and Secondary Care*. Quick Reference Guide. London: NICE.

NICE (2005) *Post-traumatic Stress Disorder (PTSD): the Treatment of PTSD in Adults and Children*. Understanding NICE guidance. London: NICE.

### **Depression**

NCCMH (2004) *Depression: Management of Depression in Primary and Secondary Care*. Leicester and London: The British Psychological Society and the Royal College of Psychiatrists. [Full guideline]

NICE (2004) *Depression: Management of Depression in Primary and Secondary Care*. NICE clinical guideline 23. [NICE guideline]

NICE (2004) *Depression: Management of Depression in Primary and Secondary Care*. Quick Reference Guide. London: NICE

NICE (2004) *The Treatment of Depression in Adults*. Understanding NICE guidance. London: NICE.

### **Self-harm: the short-term physical and psychological management and secondary prevention of self-harm in primary and secondary care**

NCCMH (2004) *Self-Harm: the Short-Term Physical and Psychological Management and Secondary Prevention of Self-Harm in Primary and Secondary Care*. Leicester and London: The British Psychological Society and the Royal College of Psychiatrists. [Full guideline]

NICE (2004) *Self-Harm: the Short-Term Physical and Psychological Management and Secondary Prevention of Self-Harm in Primary and Secondary Care*. NICE clinical guideline 16. Available at [www.nice.org.uk/CG16](http://www.nice.org.uk/CG16) [NICE guideline]

NICE (2004) *Self-Harm: the Short-Term Physical and Psychological Management and Secondary Prevention of Self-Harm in Primary and Secondary Care*. Quick Reference Guide. London: NICE

NICE (2004) *Self-Harm: Short-Term Treatment and Management*. Understanding NICE guidance. London: NICE

### **Eating disorders**

NCCMH (2004) *Eating Disorders: Core Interventions in the Treatment and Management of Anorexia Nervosa, Bulimia Nervosa and Related Eating Disorders*. Leicester and London: The British Psychological Society and the Royal College of Psychiatrists. [Full guideline]

NICE (2004) *Eating Disorders: Core Interventions in the Treatment and Management of Anorexia Nervosa, Bulimia Nervosa and Related Eating Disorders*. NICE clinical guideline 9. Available at [www.nice.org.uk/CG9](http://www.nice.org.uk/CG9) [NICE guideline]

NICE (2004) *Eating Disorders: Core Interventions in the Treatment and Management of Anorexia Nervosa, Bulimia Nervosa and Related Eating Disorders*. Quick Reference Guide. London: NICE.

NICE (2004) *Eating Disorders: Anorexia Nervosa, Bulimia Nervosa and Related Eating Disorders*. Understanding NICE guidance. London: NICE.

### **Schizophrenia**

NCCMH (2003) *Schizophrenia: Full National Clinical Guideline on Core Interventions in Primary and Secondary Care*. Leicester and London: The British Psychological Society and the Royal College of Psychiatrists. [Full guideline]

NICE (2002) *Schizophrenia: Core Interventions in the Treatment and Management of Schizophrenia in Primary and Secondary Care*. NICE clinical guideline 1. London: NICE.

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NICE (2002) *Schizophrenia: Core Interventions in the Treatment and Management of Schizophrenia in Primary and Secondary Care*. Clinical practice algorithms and pathways to care. London: NICE.

NICE (2002) *Treating and Managing Schizophrenia (Core Interventions)*. Understanding NICE guidance. London: NICE.